

Navigating Aging Together

More than 45 Years of Serving Older Adults

VPAS provides adults 60 years and older with the resources and opportunities they need to lead engaged lives.

We serve older adults in five counties and the cities within: Augusta, Bath, Highland, Rockbridge, and Rockingham. **In FY 2021-2022, we served 4,170 people.**



MIND AND BODY

We provided **7,919** hours of health classes, confident aging education, and senior recreation, and **144,851** healthy meals.



TRANSPORTATION

We provided **6,471** safe, one-way van rides.



MEDICARE CONSULTATION

Our certified counselors served **1,587** older adults.



HOME AND CAREGIVER SUPPORT

We made **3,352** contacts for information and assistance, provided **9,444** hours of homemaking and Caregivers Community Network engagement and **735** caregiver support sessions.



CHOICE

ENGAGEMENT

INDEPENDENCE

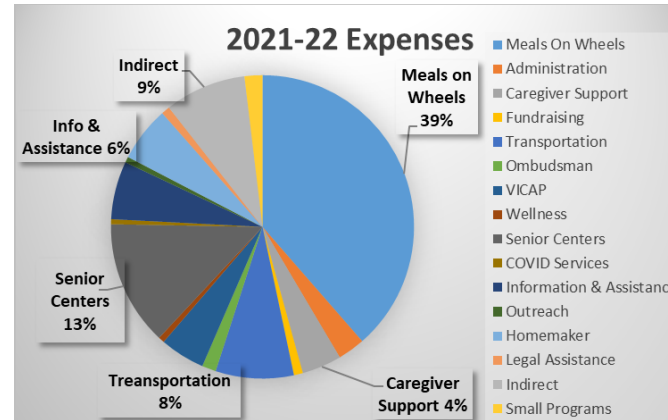
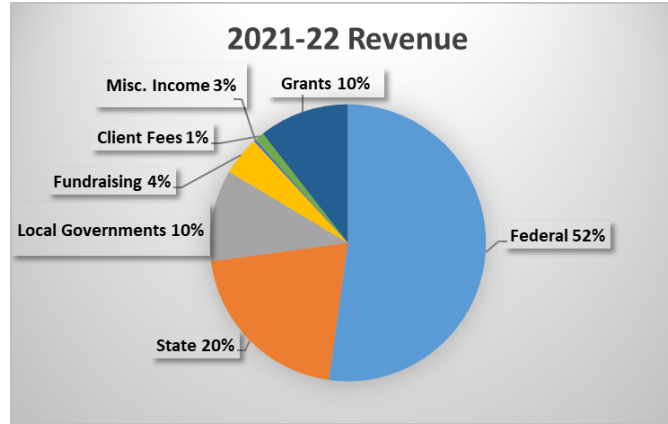
DIGNITY

SECURITY

VPAS Trends and Highlights

- ✓ VPAS Cafe grand openings and growing attendance
- ✓ Dementia Friendly Community designation in Harrisonburg and Rockingham County
- ✓ Confident Caregiver Conference provided resources, knowledge and support to family caregivers
- ✓ Expanded senior recreation and health programs to apartment complexes
- ✓ New partnerships with Augusta Health, Rockbridge Area Health Center, Rockbridge Hospice, Central Shenandoah Health District
- ✓ Increased staff coverage to meet growing senior transportation demand
- ✓ New caregiver resources including respite vouchers, legal services, professional counseling
- ✓ Distribution of hundreds of hydration and personal care kits, farmers market coupons and Covid test kits

2021-22 Revenue and Expenses



VPAS Impact Report 2021-22



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