A PROCLAMATION PROCLAIMING MARCH 2018 AS THE 16th ANNUAL MARCH FOR MEALS MONTH

WHEREAS, on March 22, 1972, President Richard Nixon signed into law a measure that amended the Older Americans Act of 1965 and established a national nutrition program for seniors 60 years and older; and

WHEREAS, Meals on Wheels America established the March for Meals campaign in March 2002 to recognize the historic month, the importance of the Older Americans Act Nutrition Programs, both congregate and home-delivered, and raise awareness about the escalating problem of senior hunger in America; and

WHEREAS, the 2018 observance of March for Meals celebrates 16 years of providing an opportunity to support Meals on Wheels programs that deliver vital and critical services by donating, volunteering and raising awareness about senior hunger and isolation; and

WHEREAS, Meals on Wheels programs – both congregate and home-delivered, in Harrisonburg have served our community admirably for more than 40 years; and

WHEREAS, volunteers for the Meals on Wheels program in The City of Harrisonburg are the backbone of the program and they not only deliver nutritious meals to seniors who are at significant risk of hunger and isolation, but also caring concern and attention to their welfare; and

WHEREAS, the Meals on Wheels program in the City of Harrisonburg provides nutritious meals to seniors throughout the City that help them maintain their health and independence, thereby preventing unnecessary falls, hospitalizations and/or premature institutionalization; and

WHEREAS, the Meals on Wheels program in the City of Harrisonburg provides a powerful socialization opportunity for hundreds of seniors to help combat loneliness and isolation; and

WHEREAS, the Meals on Wheels program in the City of Harrisonburg deserves recognition for the contributions they have made and will continue to make to local communities, our State and our Nation.

NOW, THEREFORE, I, Deanna R. Reed, as Mayor of the City of Harrisonburg do hereby proclaim March 2018 as the 16th Annual March for Meals Month and urge every citizen to take this month to honor our Meals on Wheels program, the seniors they serve and the volunteers who care for them. Our recognition of, and involvement in, the national 2018 March for Meals can enrich our entire community and help combat senior hunger and isolation in America.

Dated this 13th day of March, 2018

Deanna R. Reed, Mayor

Attest: Pamela Ulmer, Deputy City Clerk