

# Lunch Calendar

**January  
2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	1) <b>CLOSED</b> <b>New Years Day</b>	2) Chicken and Rice Casserole Carrots Zucchini with Tomatoes Fruit	3) Tuna Salad Flat Bread Three Bean Salad Tossed Salad Oatmeal Cookie Fruit
7) Roasted Chicken Sage Dressing Navy Beans Sweet Potatoes Fruit	8) Garlic Herb Pork Loin Stewed Tomatoes Turnip Greens Berry Crisp	9) Lasagna Mixed Green Salad Brussels Sprouts Fruit	10) Hamburger on a Bun Lettuce, Tomato, Onion Scalloped Potatoes Baked Beans Fresh Berries Banana Muffin
14) Potato Crunch Pollack Rice Pilaf Pinto Beans Collard Greens Peach Slices	15) Pork Cutlet Sage Dressing Butter Beans Coleslaw Fruit	16) Chicken Salad Sliced Tomato and Lettuce Potato Salad Pickle Orange	17) Spaghetti Marinara Broccoli Tossed Salad Fruit
21) <b>CLOSED</b> <b>Lee Jackson King Day</b>	22) Barbequed Chicken Mashed Potatoes Baked Beans Fruit Corn Bread	23) Turkey Sage Dressing Kale Cauliflower Au Gratin Fruit Dessert	24) Cheddar Baked Fish Rice Tuscan Bean Salad Carrots Fruit
28) Beef Tips with Gravy Brown Rice Mashed Pumpkin Spinach Fruit Orange Cake	29) Oven Fried Chicken Great Northern Beans Harvard Beets Fruit Blueberry Muffin	30) Turkey Salad Platter Mixed Green Salad Pasta Salad with Vegetables Fruit	31) Baked Fish Filet Rice Stewed Tomatoes Pinto Beans Fruit

**Your voluntary, confidential contribution to cover a portion of the cost of your meal is truly appreciated.**

Find out why the Danish are some of the most contented people in the world!

Come to the Hygge Party at the Staunton Senior Center from 10:30 a.m. to 1:30 p.m. on Tuesday, January 29!

Relax a little...but then there's a snow ball fight!

Got your curiosity up? You'll just have to come to find out what it's all about!



\*In order to provide a balanced meal, our menu features milk each day, and often a bread selection.