

# Lunch Calendar

**February  
2019**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>
<p>4) Meatloaf with Tomato Gravy Sage Dressing Butter Beans Glazed Carrots Fruit</p>	<p>5) Chicken Stir Fry Oriental Vegetables Brown Rice Mixed Greens Mandarin Oranges</p>	<p>6) Pork Barbeque Sandwich Black Eyed Peas Coleslaw Baked Cheese Grits Fruit Brownie</p>	<p>7) Chicken Divan Broccoli Brown Rice Beet and Carrot Casserole Fruit</p>
<p>11) Pepper Steak with Gravy Peas Broccoli Au Gratin Blueberry Muffin</p>	<p>12) Pinto Beans with Ham Mixed Greens Sweet Potatoes Corn Bread Fruit</p>	<p>13) Chicken and Rice Casserole Carrots Zucchini with Tomatoes Fruit</p>	<p>14) Tuna Salad Flat Bread Three Bean Salad Tossed Salad Oatmeal Cookie Fruit</p>
<p>18) <b>CLOSED Presidents Day</b></p>	<p>19) Garlic Herb Pork Loin Stewed Tomatoes Turnip Greens Berry Crisp</p>	<p>20) Lasagna Mixed Green Salad Brussels Sprouts Fruit</p>	<p>21) Hamburger on a Bun Lettuce, Tomato, Onion Scalloped Potatoes Baked Beans Fresh Berries Banana Muffin</p>
<p>25) Potato Crunch Pollack Rice Pilaf Pinto Beans Collard Greens Peach Slices</p>	<p>26) Pork Cutlet Sage Dressing Butter Beans Coleslaw Fruit</p>	<p>27) Chicken Salad Sliced Tomato and Lettuce Potato Salad Pickle Orange</p>	<p>28) Spaghetti Marinara Broccoli Tossed Salad Fruit</p>

**Your voluntary,  
confidential  
contribution to  
cover a portion  
of the cost of  
your meal is  
truly  
appreciated.**



Would you like to live your life with a more positive attitude? Join SSC Center Host Lori Pullin on Tuesday, February 12th at 12:30 as she kicks off her year-long series entitled "Living an Optimistic Life" to explore several qualities that, if increased, can lead to a more optimistic outlook. For February, you will find out how loving people more can help with just that!

\*In order to provide a balanced meal, our menu features milk each day, and often a bread selection.