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Sept 2019  
 Timberville – Broadway Senior Center  
 Mia Olsen, Center Director  
 Open 9:00 am to 1:00 p.m.

233 McCauley Drive  
 Timberville, VA 22853  
 (540)-820-8556

TUESDAY	WEDNESDAY	THURSDAY
3 9:00 Morsels and Mingling 9:30 - Exercise 10:00 Dan Lynn with Sentara Service Dogs - 12:00 – Listening session with Betsy Hay and Sarah Morton	4 9:00 Morsels and Mingling 9:30 - Exercise 10:00 Outing to Ben Franklin Antique Mall 12:15	5 9:30 Walking for exercise 10:00 – Hangman 12:15 – Games and puzzles
10 9:00 Morsels and Mingling 9:30 - Exercise 10:00 Inspiration with Rev. Dan Purdom 12:15 - Errands	11 9:00 Morsels and Mingling 9:30 – Exercise 10:00 – Outing to Rt 11 Potato Chip Factory 12:00	12 9:00 Morsels and Mingling 9:30 - Exercise 10:00 Bingo Vertical connections & BRAFB
17 9:00 Morsels and Mingling 9:30 - Exercise 10:00 Don Smith 12:15 - Errands	18 9:00 Morsels and Mingling 9:30 - Exercise 10:00 Immunizations with Jessica French of Broadway Pharmacy 12:15 Tell me something good!	19 9:00 Morsels and Mingling 9:30 - Exercise 10:00 Fold Bags and Decorate MOW bags 12:15
24 9:00 Morsels and Mingling 9:30 - Exercise 10:00 Carol Cornett on Piano – Sing along 12:15 - Errands	25 9:00 Morsels and Mingling 9:30 - Exercise 10:00 - United Way Day of Caring Volunteers with an activity 12:15	26 9:00 Morsels and Mingling 9:30 - Exercise 10:00 – Brain Teasers

Lunch Served at 11:30

**Calendar Subject to Change**

*Valley Program for Aging Services*