



## VPAS CAFE GUIDELNES

VPAS Cafes welcome active, independent, energetic members 60 and older for healthy meals, group exercise, learning activities, friendship, and fun.

Cafe members:

- Enjoy seeing old friends and making new ones
- Are interested in learning and sharing
- Appreciate participating in group activities
- Respect the values and opinions of others
- Contribute to the Cafe's success by observing procedures that assure safety and smooth operation
- Are able to see to their own personal needs

VPAS Cafes aren't for everyone. If an individual is unable, or becomes unable, to actively and appropriately participate in Cafe activities, VPAS staff will work with them to identify resources that better meet their needs.

Should VPAS staff, using documented examples, find it necessary to decline or terminate an individual's Cafe membership the individual will be notified in writing and the decision may be appealed in writing to the VPAS Executive Director. The Executive Director will respond in writing within 10 business days with a final decision which may not be appealed.