

Activities Calendar

NOVEMBER

2018

Monday	Tuesday	Wednesday	Thursday
			<p>1 Coffee & Socializing 9:30 Strength DVD Exercise 10:30 Birthdays & BINGO 12:30 Wheel of Fortune</p>
<p>5 Coffee & Socializing 9:30 SAIL Exercise 10:30 Craft : Earrings Or Christmas Cards 12:30 Deal or No Deal</p>	<p>6 Coffee & Socializing 10:15 Tai Chi 10:30 Voting 12:15 Groceries & Errands 12:30 Ben Glymph Piano</p>	<p>7 Coffee & Socializing 9:30 SAIL Exercise 10:30 Beach Ball Madness 12:30 Concentration</p>	<p>8 Coffee & Socializing 9:30 Stretching DVD Exercise 10:45 Fly Swatter Volley 11:00 Red Solo Cup 12:30 Healthy Handouts</p>
<p>12 CLOSED VETERANS DAY <i>No Meal Deliveries</i></p>	<p>13 Coffee & Socializing 9:45 Groceries & Errands 10:15 Tai Chi 10:00 Tommy Davis 11:00 Lunch & Learn 12:30 Fact or Fiction</p>	<p>14 Coffee & Socializing 9:00-11:30 Health Fair 9:30 SAIL Exercise 10:30 Wheel of Fortune 12:30 Guess Biographies</p>	<p>15 Coffee & Socializing 9:30 Strength DVD Exercise 10:30 YMCA Singers 12:30 Red Solo Cup</p>
<p>19 Coffee & Socializing 9:30 SAIL Exercise 10:00 Charlie McIntyre 12:30 Apples to Apples</p>	<p>20 Coffee & Socializing 9:15 Groceries & Errands 10:15 Tai Chi 11:15 Thanksgiving Pot Luck</p>	<p>21 Coffee & Socializing 9:30 SAIL Exercise 10:30 Concentration 12:30 Fly Swatter Volley</p>	<p>22 CLOSED THANKSGIVING <i>No Meal Deliveries</i></p>
<p>26 Coffee & Socializing 9:30 SAIL Exercises 10:30 All About Home Health: Hoarding/Organizing 12:30 Christmas Craft w/ Lauren Staunton Center Visits</p>	<p>27 Coffee & Socializing 9:15 Groceries & Errands 9:30 Hummmm Puzzles 10:15 Tai Chi 12:15 Kim & Gerry</p>	<p>28 Coffee & Socializing 9:30 SAIL Exercise 10:30 BINGO 12:30 Hot Potato</p>	<p>29 Coffee & Socializing 9:30 Stretching DVD Exercise 10:30 New Hope Chior 12:30 Jokes & Riddles</p>

On-Going Activities

Come join us for a game of BRIDGE or SPADES.

Step into the Rec Room for a round of POOL!

On the quieter side: Knitting, Quilting & Crochet.

Puzzles, games and always good conversations.

Waynesboro Senior Center is FUN, FRIENDLY & FABULOUS

Lunch daily at 11:30