

## Valley Program for Aging Services Advisory Council Biographies January 2025

*Steve Bickley* was born and raised in Portsmouth VA. After 34 years I retired in 2013 as a senior nuclear manager for the department of defense. Pursuing my wife and my lifelong dream, we moved to the mountains in 2016. Elected to the Goshen town council in 2020.

*Lisa Conner* has worked for 15 years in the long-term care setting. She enjoys working with the geriatric population and loves to help others. She is also caregiver to both her mother and mother inlaw at home.

Mary Lee Huffman serves as the Treasurer of the City of Buena Vista.

**Ashley W. Kane**, PT, DPT received her Master of Science, Physical Therapy degree from Virginia Commonwealth University/Medical College of Virginia in 2000 and her Doctorate of Physical Therapy from Utica College in 2017. She has 20 years of experience as an outpatient orthopedic physical therapist, and has been employed with Augusta Health for over 15 years. Areas of specialty include vestibular (inner ear) and balance disorders, pelvic health, and aquatic therapy along with orthopedic disorders. She finds working with older adults and individuals dealing with vestibular and balance disorders very rewarding. She has served as a volunteer in some capacity with VPAS since 2013.

*Emily Morris* is a life-long resident of the Shenandoah Valley, growing up in Broadway Virginia. She is the owner and Chief Officer of Morris Insurance & Financial, an independent insurance agency in Broadway. Virginia. She is very active in her church and community. She currently serves on the boards of the Salvation Army and Massanutten Regional Library. She is a Charter Member and Past-President of the Rotary Club of Broadway-Timberville. She is married and has two children and five grandchildren. Emily enjoys reading, traveling and spending time with her family. She is an avid football, basketball and baseball spectator.

**Leigh Ann Quesenberry** graduated from JMU with a degree in Sociology and Gerontology. She has worked in the aging field for 20 years, most recently as the Community Relations Director at Visiting Angels. She is also the sole caregiver for her mother. She is married with one daughter who attends JMU and in her spare time she spends time with family and friends at Smith Mountain Lake.

**Daniel David Sullivan** is a retired Marine who is now a Navigator for the Affordable Care Act, helping people to enroll in affordable health care insurance. He is an advocate for underserved people, a volunteer with multiple organizations, and a public voice for those challenged by underemployment, under education, physical and mental illness, and others who need assistance to access health care. Dan and his wife have lived in Waynesboro since 2009.

**Rebecca Tacy** has been in the healthcare field for over 30 years with most of her focus and experience being with the aging population. Her passion has always been with memory care and ensuring that the aging population receives the support and services they may need to lead a fulfilling life.