



VPAS Impact Report 2023-2024

Bath and Highland County Region

VPAS Mission

To empower those 60 and over with the resources and opportunities they need to lead engaged lives

Highlights

A new senior transportation program was launched in Bath County, providing rides to medical appointments. Other notable changes since last year:



+19%
more people served



+71%
more people provided with Medicare counseling



49 Spruce Street, PO Box 117
Monterey, VA 24465
(540)468-2178 | www.vpas.info

IMPACT SNAPSHOT



407

Unduplicated People Served

11,987

Healthy Meals

271

Hours of health classes, confident aging education, and senior recreation

365

Contacts for information and assistance and checking calls

327

One-way van rides to medical appointments and other life-necessary destinations

174

Older adults provided with Medicare counseling



VPAS Impact Report 2023-2024

Buena Vista, Lexington, Rockbridge County Region


VPAS Mission

To empower those 60 and over with the resources and opportunities they need to lead engaged lives

Highlights

A new telephone checking service monitors the well-being of Meals on Wheels recipients and helps assess additional needs. Other notable changes since last year:

 **+17%**
more people served

 **+100%**
more caregivers served



2137 Magnolia Ave
Buena Vista, VA 24416
(540) 261-7474 | www.vpas.info

IMPACT SNAPSHOT



965

Unduplicated People Served

27,079

Healthy Meals

1,397

Hours of health classes,
confident aging education,
and senior recreation

2,346

Contacts for information
and assistance and
checking calls

378

One-way van rides to medical
appointments and other
life-necessary destinations

439

Older adults provided with
Medicare counseling

20

Caregivers Served



VPAS Impact Report 2023-2024

Harrisonburg and Rockingham County Region


VPAS Mission

To empower those 60 and over with the resources and opportunities they need to lead engaged lives

Highlights

A new telephone checking service monitors the well-being of Meals on Wheels recipients and helps assess additional needs. Other notable changes since last year:

 **+ 10%**
more people served

 **+ 38%**
more people provided with transportation



975 S. High Street
Harrisonburg, VA 22801
540-615-5341 | www.vpas.info

IMPACT SNAPSHOT



1,718

Unduplicated People Served

43,818

Healthy Meals

1,456

Hours of health classes, confident aging education, and senior recreation

1,723

Contacts for information and assistance and checking calls

2,638

One-way van rides to medical appointments and other life-necessary destinations

177

Older adults provided with Medicare counseling

391

Caregivers Served



VPAS Impact Report 2023-2024

Staunton, Augusta County and Waynesboro Region

VPAS Mission

To empower those 60 and over with the resources and opportunities they need to lead engaged lives

Highlights

A new telephone checking service monitors the well-being of Meals on Wheels recipients and helps assess additional needs. Other notable changes since last year:



+49%
more meals served
at VPAS Cafes



+ 124%
more caregivers
served



325 Pine Ave, PO Box 817
Waynesboro, VA 22980
540-949-7141 | www.vpas.info

IMPACT SNAPSHOT



1,927

Unduplicated People Served

48,501

Healthy Meals

1,629

Hours of health classes,
confident aging education,
and senior recreation

1,747

Contacts for information
and assistance and
checking calls

3,394

One-way van rides to medical
appointments and other
life-necessary destinations

613

Older adults provided with
Medicare counseling

130

Caregivers Served