

## THE GATHERING PLACE PARTICIPATION GUIDELINES

At The Gathering Place (TGP), we create a caring and safe space for individuals living with mild to moderate memory loss to connect, socialize, and enjoy meaningful activities, all while offering family caregivers a well-deserved break.

## **Member Benefits:**

- Social engagement
- Stimulating activities
- Group exercises
- Safe and non-judgmental environment
- Resources and tools to support healthy aging

## **Member Expectations:**

- Show respect to others
- Attend to personal needs including eating, drinking, and toileting
- Ambulate with or without the use of assistive devices
- Participate in activities to the best of abilities
- Communicate needs

Registration is required by contacting the TGP Coordinator at <a href="mailto:thegatheringplace@vpas.info">thegatheringplace@vpas.info</a> or 540-383-7006.

If a member becomes unable to follow the Member Expectations, the TGP Coordinator will work with the family caregiver to identify resources that better meet their care partner's needs.