



**VALLEY PROGRAM FOR AGING SERVICES  
BOARD OF DIRECTORS BIOGRAPHIES  
JANUARY 2022**

**Peggy Roche Ballin**, a retired ESL teacher from the DC Public Schools has spent most of her adult professional life in the educational and volunteerism field. Her experience spans teaching on the Navajo Reservation, to her Peace Corps service overseas, to inner schools in DC. She serves on the board of the Grace Children's Foundation, participates on committees of the Community Foundation of Central Blue Ridge, and is waiting for training with CASA of Staunton. She joined the VPAS board in 2017. She and husband, Scott, oversee their farm in Deerfield and their home in Staunton. They have two grown sons, Andrew and Christopher.

**Warren J. "Buddy" Bryan** is a native of Roanoke, and graduated from VMI in 1971. Commissioned as a 2<sup>nd</sup> Lieutenant in the United States Air Force, he served one tour as a KC-135 pilot. He returned to Lexington in 1976 to work at the VMI Foundation. Over his 43-year career, he served in a number of capacities, most recently as the Foundation's COO. He now works part time for the VMI Alumni Agencies. During his years in Lexington, he has served on the board of the Kiwanis Club (president) and the Session of Lexington Presbyterian Church. He currently serves as vice chairman for the Community Foundation of Rockbridge, Bath, and Allegheny. Buddy's wife Carol taught for several years in the Lexington and Rockbridge County school systems. They have three children and eight granddaughters.

**Crista Cabe**, a native of Waynesboro, is Director of Marketing & Sales at Bridgewater Retirement Community. In the course of her career, she has held a variety of roles in marketing, communications, advancement, and nonprofit management. She began her marketing career at the Court Theater in Chicago and since has served organizations as diverse as The University of Chicago, Mary Baldwin University, and Rockbridge Area Community Services. She earned her BA from the College of William & Mary and her master's from The University of Chicago, and she holds the Professional Certified Marketer – Marketing Management certification. She currently also serves on the WMRA Community Advisory Board and on the board of the Augusta Bird Club. She lives in Weyers Cave with her husband Gary Lancaster, who teaches in the Rockingham County school system.

**Dr. Ralph Caldrony** grew up in Newport News, Virginia, and attended Washington and Lee University, class of 1972; MCV 1976; trained in Internal Medicine in Charleston, SC, at the Medical University of South Carolina; Fellowship in Critical Care Medicine at the University of Florida in Gainesville, FL. Dr. Caldrony spent seven years on the teaching medical staff at University of Kentucky Medical Center in Lexington, KY, and then 25+ years in private practice in Lexington, KY. In addition to private practice, Caldrony spent eight years in the Army Reserves, volunteered on 9/12/2001 with deployments to Landstuhl, Germany; Camp Bucca, Iraq and Kandahar Airfield, Afghanistan. He has served as Medical Director at Rockbridge Area Hospice, and will join the RAH Board of Directors in January 2020.

**Deborah Bundy-Carpenter** is the recently retired District Nurse Manager for the 7 health departments of the Central Shenandoah Health District. Deborah received a B.S. in Nursing from George Mason University. She is a scholar of the Public Health Leadership Institute of the University of North Carolina and a scholar of The Southeast Public Health Management Academy. She lives in Stuarts Draft. Her favorite hobbies are hiking, biking, fishing, reading, and studying the Bible. Deborah has two grown children and two grandchildren.

**Don Driver, Jr** retired in February 2017 after serving 41 years with the Harrisonburg Rockingham Social Services District, with the last 28 years as agency director. This offered numerous opportunities to work with state and



local government and non-profit human service organizations both in the creation and implementation of various programs. He resides north of Timberville, Va. with his wife, Lind and now enjoys more time with cattle farming and woodworking. Don is a member of Timberville Church of the Brethren where he has served as Deacon Chair, Administrative Board Chair, and moderator.

**Liz Garvey** is from Waynesboro, Virginia. Ms. Garvey has a Health Administration degree from Winthrop University. Most of her work experience has been in long term care. Ms. Garvey managed the Medical Records Department at Region Ten Community Services Board, worked at a local nursing home as the Admissions and Social Services Director, then worked part-time as Contracts Manager of the personal care program at Valley Community Services Board from 1999-2001. Then Ms. Garvey took 10 years to stay at home to raise her three children and manage the office for her husband, Michael Garvey's construction business, Garvey Homes, Inc. In 2010 Ms. Garvey returned to using her passion to serve the seniors in our community. Ms. Garvey has been a Family Services Specialist with Adult Protective Services at Shenandoah Valley Social Services for almost seven years.

**Richard Keith Hartman** was appointed the Buena Vista Chief of Police June 1, 2015. He spent the previous 23 years of his policing career at the Newport News Police department where he was Captain of the North Precinct. Chief Hartman is married to his wife Beth for the past 20 years, they have five children and seven grandchildren. Chief Hartman resides in Buena Vista. He enjoys spending time with his family, outdoor activities and playing golf with friends from Williamsburg.

**Christopher Miller**, a lifelong resident of Shenandoah County, received his B.S. in Criminal Justice from Old Dominion University. He has worked as a probation officer and currently serves as a Family Services Supervisor in APS for Harrisonburg-Rockingham Social Services District. He resides in New Market with his wife and two young daughters, where he volunteers for little league and the parks and recreation department. He enjoys hunting, fishing, farming, and spending time with his family.

**Sarah M. Morton** is the Elderly Services Attorney in the Blue Ridge Legal Services Harrisonburg office. Sarah joined Blue Ridge Legal Services as a staff attorney in October of 2006. She served as the supervising attorney for the Harrisonburg Office from 2011 to 2015. She became the Elderly Services Attorney in 2015 and now focuses exclusively on the special needs of clients 60 and older. From 2008 to 2012 Sarah served on the Board of Directors for the Harrisonburg and Rockingham Thermal Shelter, a cold-weather homeless shelter based in churches and other houses of worship. She served as the President of the Board from 2010 to 2012. Sarah served on the Virginia State Bar Special Committee on Lawyer Referral from 2013 to 2019. She is active in youth ministry at her church. Sarah lives with her husband and two children in Staunton.

**Charlotte Sibold** Recently joined Sunnyside in Harrisonburg, VA, after serving nearly 18 years at Kendal at Lexington. There she held a variety of roles, with the last 8 working as the Health Services Administrator. She holds a BS degree in Professional Communications and a MS in Community Health/Healthcare Management, both from Old Dominion University. For the past 25 years, Charlotte made her home, with her husband, Sam, in Lexington. They recently moved to Fishersville, to be in closer proximity to the Sunnyside campus.

**Lee Taplinger** moved to Highland County full time in 2006. He has served on the Local Council since 2008 and is a Meals on Wheels volunteer, served on the VPAS Advisory Council, served on the Community Radio council, is a member of the Bolar Ruritan Club, Highland County Fair Association, and Highlanders for Responsible Development. He enjoys motorcycling in the summer and skiing in the winter and gathering firewood in between. He hopes one day to have central heat.



**Lori Turner** is Executive Director of The Community Foundation for Rockbridge, Bath and Alleghany and holds a B.S. in Human Resource Management from The Ohio State University and M.P.A. from Liberty University Online Program. Lori has been involved in non-profit organization management for the past 30 years. She is a founding board member of the Community Table for the Rockbridge Area. She co-founded the Rockbridge Area Executive Directors Council, and she currently serves as the chair of the Lexington Police Foundation Board of Directors.

**Pamela H. Webb**, Treasurer of Bath was elected November 8, 2011 and has held the office since January 1, 2012. She has been a resident of Bath County all her life. Pam serves as secretary for the Bath Highland Volunteer Fire Department, Treasurer and Clerk of the Session for Williamsville Presbyterian Church as well as elder. She enjoys working and lending a hand with several community activities and events. She also holds the office of Treasurer for the Bath County Historical Society. She is married to her husband Billy, and they have one daughter Jessica. The family resides in Burnsville, VA.